

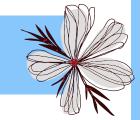
MEET THE DIRECTOR

Cathy Helfrich

About Me

Hi! My name is Ms. Cathy! I am a wife, a parent, a grandparent and an educator. I was a teacher, an assistant principal, a principal, and now a preschool director. My goal is to spark curiosity, foster a love for learning and build a community where everyone feels valued and respected. I can't wait to work with your child and you!

Fun Facts



I have a 4-year-old jack-a-poo (dog) named Penny.

I have painted most of the artwork in my home.

I love to play pickle ball.

I took piano lessons for 12 years.

I think traveling is a wonderful adventure.

I enjoy reading a good book while sitting on a beach under a palm tree.

Contact Information

Please reach out to me if you have any questions about your child or about Holy Cross Stars Academy

catherine.helfrich@hcgos.org (718) 747–3803

